Understanding Your Kidney Cancer

Anatomy of a Healthy Kidney

- Adrenal Gland
- Renal Artery
- Renal Vein
- Ureter
- Cortex
- Medulla
- Fibrous Capsule

Stages of Renal Cell Carcinoma

**Stage I**
The primary tumour is 7 centimeters or less and is confined to the kidney.

**Stage II**
The primary tumour is larger than 7 centimeters and is confined to the kidney.

**Stage III**
The primary tumour has spread to at least one nearby lymph node or into a major neighbouring blood vessel but not to other organs.

**Stage IV**
The tumour may be any size and may or may not have spread to lymph nodes but has spread to other organs such as the lungs or liver.

*Health Care Provider to indicate your stage and location of tumour

Notes

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Types of Kidney Cancer

Renal cell carcinoma (adenocarcinoma)
- Clear cell
- Papillary
- Unclassified renal cell
- Chromophobe
- Collecting Duct
- Other

Other cancerous kidney tumours
- Transitional cell carcinoma
- Wilms tumour
- Renal sarcoma

Tumour Staging (TNM Staging)

Staging is the process of finding out how far the cancer has spread. Your care and prognosis (outlook) depend, to a large extent, on the cancer’s stage. The TNM system describes three key pieces of information:

\[ T \] size of the main (primary) tumour.

\[ N \] extent of spread to nearby (regional) lymph nodes. Lymph nodes are small bean-shaped collections of immune system cells, which are important in fighting infections. If the lymph nodes are abnormally enlarged, they may be infiltrated with tumour cells.

\[ M \] whether the cancer has spread (metastasized) to other parts of the body.

Numbers or letters appear after T, N and M to provide more details about each of these factors. The numbers 0 through 4 indicate increasing severity. The letter X means “cannot be assessed because the information is not available.”

\[ T \] ________ \[ N \] ________ \[ M \] ________

Once the T, N and M categories have been determined, this information is combined to assign an overall stage of I, II, III or IV. Patients with lower stage numbers tend to have a better prognosis (please see the other side of this sheet).

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