

Not Sure You Can Do It?

You can! No prior physical activity experience is needed and you can participate from home!



Cognitive testing will include tasks that measure your memory, attention, and processing speed.

Your involvement is important to help us understand the relationship between exercise and cognitive functioning!

You will receive a free kidney cancer physical activity guidebook as a thank you for participating!

EXERCISE ONCOLOGY LAB
UNIVERSITY OF TORONTO

This study is for all metastatic kidney cancer survivors, regardless of your fitness level and can be completed at home!

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Exercise and Cognition in Metastatic Kidney Cancer Survivors



NOW RECRUITING!

Help us understand the relationship between, exercise and cognitive function in kidney cancer survivors from the comfort of your own home!



Exercise Oncology Laboratory (EOL)
University of Toronto



Study Background

If you are a metastatic kidney cancer survivor, we would like to invite you to join the [Exercise and Cognition in Metastatic Kidney Cancer Survivors Study](#).

Cancer and its treatment can reduce cognitive functioning. Exercise has many benefits for cancer survivors, but few studies look at the relationship between cognitive function and exercise.

Your involvement can help researchers learn more about how to best design exercise programs delivered at the right time to help manage some of the symptoms experienced in metastatic kidney cancer survivors.

Eligibility Requirements

- ≥18 years old
- Diagnosed with metastatic kidney cancer
- Currently on or scheduled to start antiangiogenic therapy, immuno-oncology therapy, or combination

Personal information will remain confidential

All study-related procedures are free

Compensation will be provided

No travel required! You can participate from your home or neighbourhood

Questions?

- Call the Exercise Oncology Lab research team
416.946.5856
- E-mail our research team:
exercise.oncology@utoronto.ca
Please note that communication via e-mail is not absolutely secure. Thus, please do not communicate personal sensitive information via e-mail.

Study Activities

****All can be performed within your home or neighbourhood****

~ Assessments will be completed at two time-points: baseline and 3 months later

~ Complete a 6-minute walking test

~ Complete online questionnaires

~ Complete neuropsychological testing on through videoconferencing with the researcher

~ Wear an activity monitor device for seven days during waking hours

